Kindergarten Orientation Day 2…

Our second Kinder Orientation Day will be held this Thursday 5th November. We had a great afternoon last week and we look forward to another fantastic session with our new kinders. The session will run from 2pm to 3pm. The children will be involved in a range of fun activities to enable them to get to know each other, familiarise themselves with the school and our wonderful teachers which will ensure a smooth transition into kindergarten next year.

Silver Afternoon Tea…Friday 6th November

I have handed out the invites today. If your child has been invited they are welcome to come in Mufti on that day. Only students with an invite can attend. We will be holding an afternoon tea nearly every week this term so no one will miss out.

Working Bee…

Thank you to the parents and teachers who came along to our Working Bee last Friday!! I really appreciate you taking the time to lend a hand. Our room looks wonderful, thanks to you!! You can see our efforts on Facebook.

Our next working bee will be on Friday 13th November from 2pm to 3pm. We will be working in our gardens.

School Banking…

Our school banking kicks off this Friday 6th November. Please remember to bring in your deposit books and money to the office prior to this day.

School Administration Manager…

We are currently advertising for a new School Administration Manager. The advertisement can be found at www.jobs.nsw.gov.au and search for Farmborough Road.

See you around the playground!

Pam Grosse (Principal)
**Swimming Scheme 2015..**

This year’s Swimming Scheme will run from 23rd November to 4th December. **It is now available for all students from years 2 through to year 6.** There are limited spots so in order to secure your child’s placement, the permission note and money needs to be handed in to the office asap. Please see the attached permission note which will also be available on the app and website.

**Mindfulness Meditation**

**DON’T FORGET,** Ms Martin will be running Mindfulness Meditation sessions in the library every Tuesday @ Lunch 1.

**Stage 3 Camp 2016**

All students should have now received their medical information and liability forms for the 2016 Stage 3 camp. These forms are due back to school ASAP. If you are having difficulty with them, please contact the school to organise support.

The next payment of a minimum of $80 is also due by the end of this term. If you would like to pay the full $260 before the end of the year that would be greatly appreciated. Alternatively, if you are having difficulty paying, please contact the school ASAP to discuss further options.

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**Birthdays…**

Congratulations to the following students who celebrated their birthday during the school holidays and who will celebrate their birthday this week:

Benjamin H ~ 1/11

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**Farmborough Road Facebook Page…**

The page is a closed page, meaning parents will need to ask for permission to have access to the page. Permission can be gained at the following address. [https://www.facebook.com/groups/frpschool/](https://www.facebook.com/groups/frpschool/)

Thank you to the parents who have already joined our page. Please share the page with other parents.

Ms J Suey

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**P&C News**

Dear Parents and Carers

Hope you all had a wonderful weekend. Please remember this is the last week to get your orders in for Crazy Camel Calendars, diaries, notebooks, cards and lots more. These make great Christmas gifts for family and friends. **Orders must be in by this Thursday 5th November so we can get them back to you by the end of Term in time for Christmas.**

Have a great week and take care.

Sally Taylor
President
Fearlessly empower individuals to collaborate, communicate and enable creativity.

**COMMUNITY NEWS...**

**Illawarra 2015 White Ribbon Day walk**

**Say no to violence against women!**

25 November 2015

White Ribbon Day and the International Day for the Elimination of Violence Against Women

7am - 9am

The walk starts at Andrew Lysaght Park (east of the WIN Entertainment Centre) and finishes at Stuart Park. Following the walk we’ll hear from DV survivor Shelly Walsh and Dr Michael Flood, an internationally respected expert on violence prevention.

More information and the walk registration form is at http://tinyurl.com/illawarraWRDwalk
You can also visit the walk’s Facebook page at http://tinyurl.com/illawarraWRDwalkFB

Organised by the Illawarra Committee Against Domestic Violence in support of the White Ribbon Campaign

**An intervention for FAMILIES AND CARERS**

**“Staying Connected When Emotions Run High”**

Dr Annemaree Bickerton (Child, Adolescent and Family Psychatrist) and Toni Garretty (Clinical Coordinator) and the Illawarra Shoalhaven Local Health District present:

- Has relationship difficulties
- Demonstrates changing emotions & strong overwhelming feelings
- Displays impulsive & destructive behaviour e.g. cutting
- Or has a diagnosis of Personality Disorder

**Date & Time:**

**Venue**

Wednesday, 25 November 2015
9:15 registration
9:30am – 3:30pm

Nowra Golf and Recreation Club
Fairway Drive, North Nowra

Venue, morning tea and lunch is funded by:

Illawarra Shoalhaven Partner in Recovery

RSVP essential to: Toni Garrett (EMAIL PREFERRED)
Toni.garretty@sesiahs.health.nsw.gov.au
Or phone 4220 7919 to leave message

This **FREE** workshop will be extremely relevant if you support someone who experiences any of the following:

- Has relationship difficulties
- Demonstrates changing emotions & strong overwhelming feelings
- Displays impulsive & destructive behaviour e.g. cutting
- Or has a diagnosis of Personality Disorder

**Venue**

Nowra Golf and Recreation Club
Fairway Drive, North Nowra

Dr Annemaree Bickerton (Child, Adolescent and Family Psychatrist) and Toni Garretty (Clinical Coordinator)

Family and Carer Mental Health Program, Illawarra Shoalhaven Local Health District presents:

**PLEASE SEE THE ATTACHED FLYER WITH INFORMATION ABOUT THE NEW WAY TO TRAVEL!**

NO paper application forms are printed - applications open online on 13 October 2015. Applications will NOT be accepted after 16 November 2015.

Application for Year 7 selective high school placement in 2017
Parents must apply online at:
www.schools.nsw.edu.au/shsplacement

All applicants are required to sit the Selective High School Placement Test to be held on **Thursday 10 March 2016**

You can find a copy of the Information booklet at the above website.
The School Opal card will officially launch its new online application for relevant parents and students travelling in the Opal public transport region on Monday 2 November.

The application can be found at [transportnsw.info/school-students](transportnsw.info/school-students)

Just like current paper travel passes, the School Opal card gives eligible students free travel to and from school on school days. However, the School Opal card makes travel simpler, because now students don’t need multiple application forms and passes if they use different transport operators within the Opal network.

Students with school travel passes this year will not need to apply for a School Opal card unless they are changing schools, campus, their home address or moving from year 2 to 3 or year 6 to 7.

Those students who do not need to apply will have a School Opal card sent to your school for the beginning of the first term in 2016.

More information will follow in the next few weeks to help both your staff and students with the transition.

Sincerely

The Opal Team
SCHOOL SWIMMING AND WATER SAFETY PROGRAM

Message to Parents / Caregivers

Arrangements have been made to include a learn to swim program in our school curriculum.

The Department of Education and Communities School Swimming and Water Safety Program is an intensive learn to swim program, which develops water confidence and provides students with basic skills in water safety and survival. The Scheme is conducted over ten days. Each daily lesson is 45 minutes.

Students who have not reached a satisfactory standard of water safety and survival skills, and are unable to swim 25m confidently unaided in deep water, are eligible to participate in the School Swimming Scheme. The Program focuses on weak swimmers in Year 2 to 6 as well as students with special needs such as new arrivals in Australia and students with disabilities.

Instruction will take place at Unanderra pool.

The Scheme will continue daily for two weeks from 23 Nov'15 to 4 Dec '15. There will be no charge for instruction.

Transport will cost $35.00 per day. Pool entry will cost $σ per day.

The total cost for the 10 day scheme is $35.00.

Each child should bring a swimming costume, towel, hat and warm clothing on a cool day. Where instruction takes place in an outdoor pool, it is recommended that students use adequate sun protection, eg. SPF 30+ broad spectrum, water-resistant sun screen reapplied regularly. A T-shirt or rash shirt is also recommended (pool facility permitting).

Students will be assessed during the School Swimming & Water Safety Program for all water safety skills without wearing goggles.

If your child is eligible for the program, please complete and sign the form below and return it to your child’s class teacher.

Principal: ___________________________ Date: 12-10-15

Return this section to the school by: (Day) ___________ Date ___________

SCHOOL SWIMMING & WATER SAFETY PROGRAM CONSENT FORM

I hereby consent to the attendance of my son/daughter ______________________ at the School Swimming Program classes to be held at ______________________ pool from ______________ to ______________.

Travel will be by ______________________ (bus, walking). Total cost for 10 day program is $____________

In the event of injury or illness, I also authorise (on my behalf) the seeking of such medical assistance that my child may require. Special needs of my child of which you should be aware (eg. allergies, sensory impairment, etc):

________________________________________________________

Signed: ___________________________ Date ___________________________

TO BE RETAINED AT THE SCHOOL

Privacy Notice

The personal information provided on this permission note, will be used by the Department of Education and Communities for general administration and communication and other matters of welfare relating to your child at this event. While the provision of this information is voluntary, it is strongly recommended that all details are completed. Failure to do so, may impede the resolution of welfare issues should you not be able to be contacted. This information will be stored securely.

Please be aware that the media exposure at this event may result in your child’s name, school details and/or photograph appearing in a Newspaper, on Television or on the School Sport Unit. Website
ORDER FORM

all products feature your child's artwork or photo

place your order today

Child's name: ____________________________
Parent's name: __________________________
Parent's phone: __________________________
Classroom name/number: __________________

Return to school with payment by: 5/11/15

○ Photo sent via www.submitphoto.com.au

Photos and Artwork to be submitted by the date above please. Please make cheques payable to your school or kindergarten.

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<thead>
<tr>
<th>Products</th>
<th>Price per Item</th>
<th>Qty</th>
<th>Total Amount</th>
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<tbody>
<tr>
<td>Calendars</td>
<td>$13</td>
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<tr>
<td>Family Planner</td>
<td>$15</td>
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<tr>
<td>Cards</td>
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<td>Notebooks</td>
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<td>Pillow Cases</td>
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<td>iPhone Cases 6+</td>
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Contact your centre if pricing is missing above.

total amount enclosed: ____________________________
Calendars

- A cherished reminder of your child’s artistic achievement featuring one piece of their artwork or that special family photo printed and laminated, wire bound with 12 tear off months on quality paper.
- School term and public holiday dates, activity stickers along with plenty of room for noting special occasions.
- Name and age as created by the artist is printed under the artwork along with the school/centre name and/or logo – photo calendars do not show name or age.
- Single or Dual photo option - A4 300mm x 210mm.

Family Planner

- These distinctive family planners display one piece of your child’s artwork or that special family photo, printed and laminated, wire bound with 12 tear off months on quality paper.
- Each month has 5 columns to record that event or appointment.
- School term and public holiday dates, activity stickers along with plenty of room for noting special occasions.
- Single or Dual photo option - photo/artwork A4 300mm x 210mm – planner A3 300mm x 420mm.

Greeting Cards

- Beautifully presented quality cards with one artwork or family photo per pack of 8 cards.
- Name and age as created by the artist is printed on the back of art cards along with the School/Centre name and/or Logo – photo greeting cards do not show name or age.
- Blank inside for your personalised message.
- Shrink wrapped in pack of 8 including red envelopes - A6 155mm x 110mm.

Diaries & Notebooks

- Convenient A5 size 210mm x 150mm featuring your child’s artwork or family photo printed and laminated on a hard cover wire bound book designed to lie flat and stay open.
- Diaries have a view of the week at a glance, each double sided page displays a full week and includes public holiday and school term dates along with a year planner.
- Notebooks have 150 ruled pages only.

Pillow Cases

- Quality pillow cases featuring either an individual artwork or that special family photo printed directly onto the pillow case.
- Pillow case 750mm x 450mm - image 250mm x 180mm.

iPhone Cases 4/4S – 5/5S – 6/6+

- Clip on clear cases with your child’s artwork or photo printed and laminated on the outside of the case.

To Submit a Photo

- Submit your digital photo and add text e.g. “Amy & Jack at the beach” via www.submitphoto.com.au
- Or send a CD/DVD/Memory stick – image must be JPG file 250KB or larger.
  - label or include a file with name of child, school and quantity ordered.
- Only send a printed photo (5x3 or larger) if you cannot send in digital format.
  - home printed photos are often not suitable for scanning and/or enlarging.

FOR MORE INFORMATION FREECALL 1800 141 239

www.crazycamel.com.au

“every child is an artist”

PABLO PICASSO
Choose from the following options - Tick Only!

**Meat**
- Ham
- Turkey
- Veggie

**AND/OR**

**Cheese Please!**
- Cheese

**Salad**
- Lettuce
- Tomato
- Cucumber
- Carrot

**Sauce**
- Mayo
- Tomato BBQ

**Drink**
- Water
- Apple Popper
- OR

**Sides**
- Choc Chip Cookie
- OR
- Yoghurt

**All for $6.50**

All orders will be served on 6 inch white bread.

Orders must be handed in by Thursday 5th November.

Normal menu will NOT be available on this day.

All orders will be served on 6 inch white bread.

NAME:
CLASS:

Lunch 1 – Friday 6th November
Dear Parents and carers,

ISHS will be holding a 'Mini-Olympics' day for all Stage 3 students on Wednesday 11th November 2015. Information for the day is outlined below.

**Venue:** Illawarra Sports High School Gym and Oval

**Activities:** Variety of sports

**Date:** Wednesday 11th November

**Equipment / Uniform:** Sport uniform & joggers (not footy boots), recess, hat and water bottle. Students may access the school canteen.

**Cost:** $3 includes sausage sizzle and drink (optional). Pay your primary school teacher.

**Time:** 8.45 am to 1:45 pm (please arrive at school by 8:30am).

Please return this note and money to the school office ASAP.

Stuart.g.richardson@det.nsw.edu.au

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**MEDICAL INSURANCE**

Medical insurance: Parents please note there is no personal injury insurance cover provided by the NSW Department of Education and Training for students in relation to school sporting activities, physical education lessons or any other school activity. Parents and caregivers are advised to access the level and extent of their child's involvement in the sport program offered by the school, school zone, area and state school sport association when deciding whether additional insurance cover, above that provided by Medicare, is required. Personal accident insurance cover is available through normal retail insurance outlets.

The NSW Supplementary Sporting Injuries Benefits Scheme, funded by the NSW Government, covers any injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body.

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**Permission Note**

I hereby give my child, ___________________ of class __________________ my full consent to his/her attendance at the Mini-Olympics as detailed. I further assign full authority to the Teacher in charge to seek medical aid should the need arise. I give permission for my child to travel on the ISHS bus.

I have informed the assisting teacher of any medical conditions my child may have. Please write any issues on the back of this note.

Emergency Contact Details

Name: ___________________ Phone: ___________

Medical conditions and/or allergies:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

I want ______ (no.) Sausage Sizzles ($3 for 1 and $2 for each extra). Please indicate if Halal or any other special diet is required.

Signature: ___________________ (Parent/Guardian) Date: ___________