Dear Parents and Caregivers,

31st January 2016

Our Stage 3 camp is not far away and I am sure all of the students are looking forward to this worthwhile excursion aimed at building student initiative, leadership skills and opportunities for cooperative learning.

This note includes important information regarding the camp.

**Date:** 17th – 19th February (Week 4)

**Venue:** Cataract Scout Park - Appin

**Transport:** Bus

**Departure:** Please ensure all students arrive at school no later than 8:30am on Wednesday for a prompt 9am departure.

**Return to school:** We will be leaving Cataract Scout Park at approximately 1:30pm. Students can be picked up at the normal time of 3pm.

**Items required:** Please see below for the list of items required for camp. Our program at the camp will include Challenge Valley, Caving and the Waterslide.

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**3 DAY/2 NIGHT CAMP**

**Student Gear Check-List**

**Onsite Programs**

*Note:* Please check to see if your program includes Challenge Valley, Caving or Waterslide. These activities will require a towel for a shower, a spare change of clothes and a pair of old shoes which will get very wet and muddy. These clothes can either be thrown out or taken home in a plastic bag at the conclusion of the activity. *Torch* for caving.

- [ ] 3 T-shirts
- [ ] 3 pairs of shorts
- [ ] 2 long sleeve shirts or jumpers
- [ ] 1 pair of long pants for cold weather
- [ ] Spare socks and underwear
- [ ] Hat or cap and beanie
- [ ] Raincoat
- [ ] Pyjamas
- [ ] 1 pillow and pillow case
- [ ] 1 sleeping bag and liner or sheet/s with blanket
- [ ] Torch required for Caving and night time (make sure it is working before you bring it on camp)
- [ ] 1 water bottle (1 litre capacity minimum)
- [ ] Insect repellent
- [ ] Sun screen
- [ ] 2 pairs of sensible joggers or boots *(no thongs!)*
- [ ] 2 plastic bags to put your dirty/wet clothes in
- [ ] Toiletries
- [ ] 2 towels *(1 for outdoors and 1 for showers)*
- [ ] Hair elastics for abseiling *(if you have long hair)*
- [ ] Swimmers
- [ ] Medication if required
- [ ] 1 *sturdy* plate, 1 bowl, 1 fork, 1 knife, 1 spoon, 1 cup and a tea-towel *(this is called a mess kit)*
The scout camp has advised that the students may take a camera with them to capture all of the wonderful activities they will be participating in. It is preferable that the students do not take mobile phones to the camp.

**A note from the staff of Cataract Scout Park for Parents/Caregivers:**

All of the staff set high standards of safety and moral conduct and will be accompanied by teachers from your school during all activities. We have a strict policy of 'challenge by choice', i.e. everyone is encouraged to give it his or her best, but no one is forced to do anything. The program of activities chosen by your school is challenging, educational and lots of fun.

Your son/daughter will be informed of the camp rules on arrival and will be expected to carry out those safety rules during the program. If however, your son/daughter breaks our safety rules and puts them or others at risk of injury (e.g. fighting, excessive bad behaviour and vandalism) we will contact you and ask for you to arrange to take them home as soon as possible (no refund will be given). If your son/daughter becomes ill during the program, then the same procedure applies except a partial refund may be given upon request.

**A note from the staff of Cataract Scout Park for students:**

Please read the following camp guidelines and handy hints:

1. Please do not leave the campsite or activity areas without permission.

2. Respect male and female areas, enter no room other that your own.

3. A teacher or instructor must supervise all activities.

4. Please respect others and stay in your dormitory after lights out.

5. Each group is responsible for the ongoing cleanliness of the camp. Please use the bins provided and keep your rooms tidy.

6. It is suggested that you put your name on every item that you bring to the camp.

7. Please bring your old clothes to camp and remove all jewellery.

8. Please DON’T bring any valuables such as phones, jewellery.

9. The food at Cataract Scout Park is great and there is plenty of it.

10. If you are an asthmatic, diabetic or suffer from any other medical conditions then please pack the appropriate medication (ask your parents about this and pass this information onto your teacher).

11. You are coming on camp to have an enjoyable and memorable time. Make sure you try every activity available to you on the program. You may never get the chance to participate in some of these activities again.

Mrs Weaver and Mr Poole will accompany our students to the camp. We expect our students to display our FRPS values of respect, responsibility and excellence at all times.

If you have any concerns or questions, please don’t hesitate to contact us on 42 711133.

Kind regards,

Colleen Crossingham
Stage 2 & 3 Instructional Leader